

# GREY SITE TRAINING TARGETS



Shooter: \_\_\_\_\_

Date: \_\_\_\_\_

Gun Make: \_\_\_\_\_

Caliber: \_\_\_\_\_

Gun Model: \_\_\_\_\_

Distance: \_\_\_\_\_

## RULES & SCORING:

Shoot 5 shots total and try to stay in the line:

1. Controlled fire - Look at the hits - low or high
2. Speeding up until your pattern spreads out
3. Correct your technique
4. Then shoot that same speed and look at the hits.
5. Repeat process until you can fast fire and stay on line.

Start out at 3 yards, and progressively go out to 5, 7 and then 10. Keep and track you time. Initially try to keep all 6 shots withing 5 seconds from the draw., then lower your time by one second without losing accuracy.

Balance accuracy and speed and distance. Move distance back when you are consistently accurate within your practice time.

**DISTANCE**

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**TIME**

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GREY SITE



# ACCURACY Hi-Lo DRILL

# GREY SITE TRAINING TARGETS



Shooter: \_\_\_\_\_

Date: \_\_\_\_\_

Gun Make: \_\_\_\_\_

Caliber: \_\_\_\_\_

Gun Model: \_\_\_\_\_

Distance: \_\_\_\_\_

## RULES & SCORING:

Shoot 5 shots total and try to stay in the line:

1. Controlled fire - Look at the hits - are they low or high
2. Speed up pace of fire until your pattern spreads out
3. Correct your technique
4. Then shoot that same speed and look at the hits.
5. Repeat process until you can fast fire and stay on line.

Start out at 3 yards, and progressively go out to 5, 7 and then 10. Keep and track you time. Initially try to keep all 6 shots withing 5 seconds from the draw., then lower your time by one second without losing accuracy. Balance accuracy and speed and distance. Move distance back when you are consistently accurate within your practice time.

**DISTANCE**

**TIME**

# ACCURACY L-R DRILL



# GREY SITE TRAINING TARGETS



**1st  
Controlled Pair**

**2nd  
Hammer Pair**

**3rd  
Double Tap**

**DISTANCE:** 3 - 5 - 7 Meters

**START POSITION:** Any

This drill/target helps develop balance between speed and accuracy, and how time affects that balance.

- 1) Fire HP's 1 shot per second - repeat.
- 2) Fire HP's 2 shots per second - repeat.
- 3) Fire HP's 2 shots per .5 second - repeat.

For added challenge, perform drill one-handed both strong- and weak-hand or opposite hand/two handed.

**GREY SITE**



# SHOOTING TEMPO

# GREY SITE TRAINING TARGETS



Shooter: \_\_\_\_\_

Date: \_\_\_\_\_

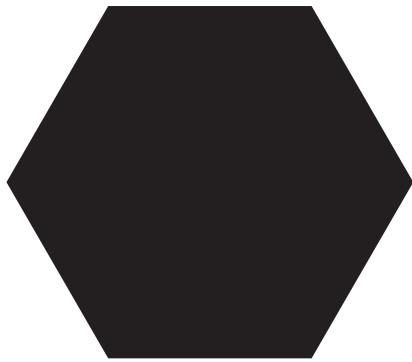
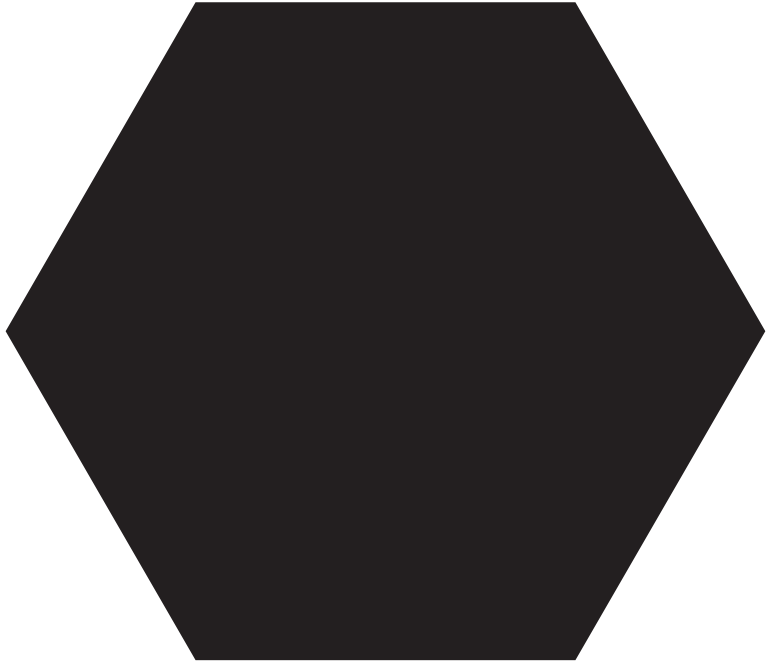
Gun Make: \_\_\_\_\_

Caliber: \_\_\_\_\_

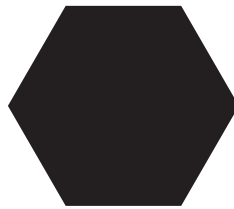
Gun Model: \_\_\_\_\_

Distance: \_\_\_\_\_

3rd  
Fire 1 Rounds



2nd  
Fire 2 Rounds-E Reload



1st  
Draw Fire 1 Round

GREY SITE



## 1-2-R-3 DRILL

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**1st  
Draw  
Fire 3 rounds  
2-Handed**

**3rd  
Fire 3 rounds  
Weak Hand**

**2nd  
Fire 3 rounds  
Strong Hand**

**RULES:** For any shot outside the hexagons, add 1 second to your time.

Total your time (and penalties) for all four strings to determine your overall score:

**4th  
Fire 3 rounds  
2-Handed**

## SCORING:

Basic = 22 seconds

Interm = 18 seconds

Advanced = 13 seconds

# 3 X 4 DRILL



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Date: \_\_\_\_\_

Gun Make: \_\_\_\_\_

Caliber: \_\_\_\_\_

Gun Model: \_\_\_\_\_

Distance: \_\_\_\_\_

DISTANCE



TIME

## RULES & SCORING:

You get 6 shots total. Shoot each target in this sequence:

1. Low Left - 2 shots
2. Low Right - 2 shots
3. High Middle - 2 shots

Start out at 3 yards, and progressively go out to 5, 7 and then 10. Try to keep all 6 shots withing 5 seconds from the draw., then lower your time by one second without losing accuracy.



# 6 IN 5 DRILL

# GREY SITE TRAINING TARGETS



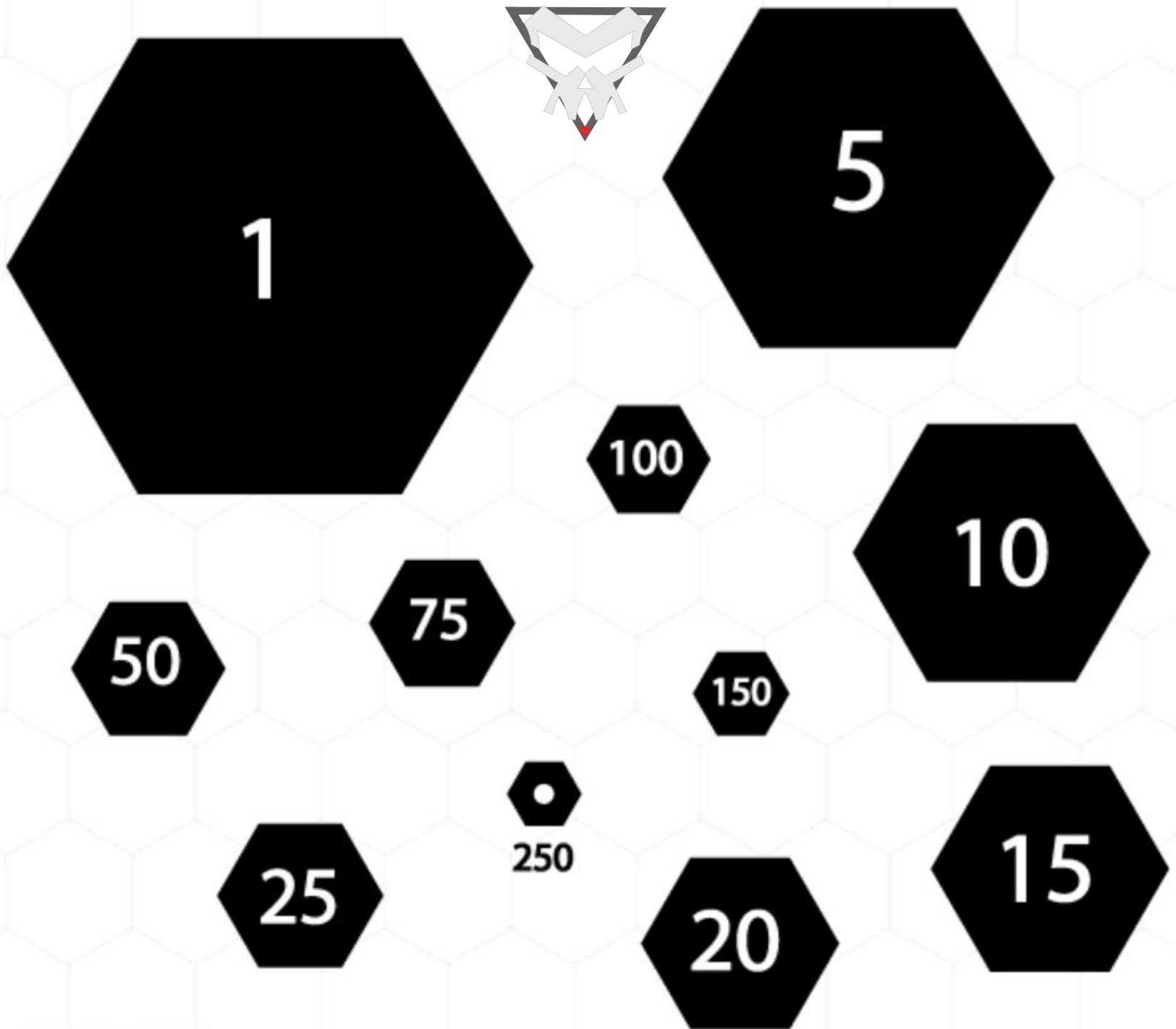
Fire 8 rounds as fast as you can, keeping all hits within the grey area. Check your time. Slow down or speed up as needed.

GREY SITE



# OCTO DRILL

# GREY SITE TRAINING TARGETS



## RULES & SCORING:

You get 11 shots total. Shoot each target beginning with the largest 1-point target.

You cannot shoot the next target until you've hit on the previous target.

After each hit, you do not have to move on. You may continue to shoot the same target until your total shots are up and score accordingly.

Point values are on the targets. Max score is 701 points

**TOTAL SCORE**


GREY SITE



# ELEVEN DRILL